

# Defensive Pistol Qualification

## ◆ Defensive Pistol I ◆ Defensive Pistol II

Defensive Pistol I Qualification is designed to supplement Personal Protection in the Home courses, while Defensive Pistol II is designed to supplement Personal Protection Outside the Home. These two Qualification courses help participants become familiar with the pistol/revolver, and enhance their ability to react in any defensive situation that might arise. Participants should complete the Pistol Qualification course prior to starting Defensive Pistol I.

### Defensive Pistol I

#### Guidelines:

All guidelines and requirements for the qualification course are listed below.

#### Pistols and Revolvers:

Any safe revolver or semi-automatic pistol may be used.

#### Sights:

Any sights may be used.

#### Positions:

All shooting will be done from the standing, two-handed position. Each rating will have additional requirements. Participants will search and assess after firing each repetition. To search and assess, lower the firearm slightly to

allow the eyes to shift slightly from side to side to scan the area, while not losing sight of the target. The NRA reference books provide information to safely shoot, search and assess with the pistol/revolver.

#### Target, Distances and Score:

D-1 or equivalent at 21 feet with all shots scoring 8s or better.

#### Times:

See chart below.

#### Reference Material:

NRA's Guide to Personal Protection In the Home

#### Ratings:

Ratings must be earned in sequence. The number of targets (or courses) required for a particular rating need not be fired consecutively or in the same session.

#### Awards:

- Pistol Patch
- Skill Rocker I
- Parchment Certificates
- Medals
- Skill Level Pins

See pages 39-41 for complete information on qualification awards. Reference Materials on page 42.



### Defensive Pistol I

Rating	Position	Time	Number of Shots	Repetitions
Basic Practical	This Rating is achieved by completing the practical exercise conducted during an NRA Basic Pistol Course.			
Pro-Marksman	Two handed standing position; shoot 5 shots	15 seconds	5 shots	4 times
Marksman	Picking the loaded gun off the bench and shoot 5 shots	20 seconds	5 shots	4 times
Marksman 1st Class	Gun is unloaded on the bench; safely pick up gun, load and shoot 5 shots from standing with two hands.	20 seconds	5 shots	4 times
Sharpshooter	Gun is unloaded on the bench; safely pick up gun, load and shoot 5 shots from standing with two hands.	18 seconds	5 shots	4 times
Expert	1. Load pistol, safely move to cover, shoot 5 shots from two handed standing on right side of the cover; 2. Reload, safely move to cover and shoot 5 shots from two handed standing on left side of the cover	15 seconds per side	2 magazines 5 shots each	4 times each side of the cover
Distinguished Expert	Load pistol, move to cover, give verbal challenge, shoot 5 shots kneeling, reload and 5 shots standing (See Witness Requirements, page 3.)	25 seconds	2 magazines 5 shots each	8 times

## Defensive Pistol II

### Guidelines:

All guidelines and requirements for the qualification course are listed below.

### Pistols and Revolvers:

Any safe revolver or semi-automatic pistol may be used.

### Sights:

Any sights may be used.

### Positions:

All shooting will be done from the standing two-handed position. Each rating will have additional requirements. Participants will search and assess after firing each repetition. To search and access, lower the firearm slightly to allow the eyes to shift slightly from side to side to scan the area, while not losing sight of the target.

To use the NRA method of drawing from a holster use the following steps, keeping the finger off the trigger until

ready to shoot:

1. ACCESS the gun.
2. GRIP the gun.
3. PULL the gun from the holster or holster purse.
4. ROTATE the gun toward the target (finger may now go to the trigger).
5. JOIN the weak hand to the strong hand.
6. EXTEND the gun toward the target.
7. FIRE the gun, if necessary.
8. Lower and scan for additional threats.
9. Reholster (engage safety or decock and finger straight along side of receiver).

### Target, Distances and Score:

D-1 or equivalent at 21 feet with all shots scoring 8s or better.

### Times:

See chart below.

### Reference Material:

NRA's Guide to Personal Protection Outside the Home

### Ratings:

Ratings must be earned in sequence. The number of targets (or courses) required for a particular rating need not be fired consecutively or in the same session.

### Awards:

- Pistol Patch
- Skill Rocker II
- Parchment Certificates
- Medals
- Skill Level Pins



See pages 39-41 for complete information on qualification awards. Reference Materials on page 42.

## Defensive Pistol II

Rating	Position	Time	Number of Shots	Repetitions
Basic Practical	This Rating is achieved by completing the practical exercise conducted during an NRA Basic Pistol Course.			
Pro-Marksman	Using the NRA method drawing from strong side holster, and shoot one shot	5 seconds	1 shot	20 times
Marksman	Using the NRA method drawing from strong side holster, and shoot two shots	6 seconds	2 shots	20 times
Marksman 1st Class	Using the NRA method drawing from strong side holster, and shoot 3 shots	10 seconds	3 shots	10 times
Sharpshooter	Using the NRA method drawing from concealment strong side holster, and shoot 3 shots	10 seconds	3 shots	10 times
Expert	Using the NRA method execute 90 degree right and left turns then drawing from holster, and shoot 2 shots.	9 seconds	2 shots right turn and 2 shots left turn	10 times
Distinguished Expert	Using the NRA method execute 180 degree right and left turns then drawing from holster, and shoot 2 shots. (See Witness Requirements, page 3.)	12 seconds	2 shots right turn and 2 shots left turn	20 times



Access the gun, non-shooting hand to chest



Grip, non-shooting hand to chest



Pull gun from holster, non-shooting hand to chest



Rotate muzzle toward target, non-shooting hand to chest



Join hands



Extend toward target



Fire the gun



Lower and scan



Reholster, non-shooting hand to chest